DAY 1
SUNDAY 3 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Court 3 & 4 Entry Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	CAMP INDUCTION / GROUP FORMULATION	CAMP INDUCTION / GROUP FORMULATION	CAMP INDUCTION / GROUP FORMULATION	CAMP INDUCTION / GROUP FORMULATION	CAMP INDUCTION / GROUP FORMULATION
11:00	Seminar With Enrico LOCATION	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Work with nominated Mentor Group Assessment	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping
14:00	Work with nominated Mentor Group Assessment	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping	Bouting in weapon groups to evaluate Grouping
15:00	Work with nominated Mentor Group Assessment	Discussion with mentors regarding Hydration	Discussion with mentors regarding Hydration	Discussion with mentors regarding Hydration	Discussion with mentors regarding Hydration
16:00	Work with nominated Mentor Group Assessment	With Mentor on pistes	With Mentor on pistes	With Mentor on pistes	With Mentor on pistes
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes Observe, Give lessons on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

DAY 2
MONDAY 4 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Group Fitness Room Mezzanine Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	**Sports Psychology Session Coaches LOCATION**	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar With Enrico LOCATION	Sports Psychology Session (Grandstand - All Attend)	Sports Psychology Session (Grandstand - All Attend)	Sports Psychology Session (Grandstand - All Attend)	Sports Psychology Session (Grandstand - All Attend)
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	Strength & Conditioning (Session 1)	Group Lesson with Enrico	Speed & Agility Group Fitness Room Mezzanine Level	With Mentor on pistes
14:00	Group Lesson with Enrico	Group Lesson with Enrico	Strength & Conditioning (Session 1)	With Mentor on pistes	With Mentor on pistes
15:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico	With Mentor on pistes
16:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

DAY 3
TUESDAY 5 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Group Fitness Room Mezzanine Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar with Diletta LOCATION	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	Strength & Conditioning (Session 2)	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes
14:00	Group Lesson with Enrico	Group Lesson with Enrico	Speed & Agility Group Fitness Room Mezzanine Level	With Mentor on pistes	Strength & Conditioning (Session 1) Tommaso Directs
15:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico	Speed & Agility GROUP FITNESS ROOM MEZZANINE
16:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

DAY 4
WEDNESDAY 6 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Group Fitness Room Mezzanine Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar With Enrico LOCATION	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	Equipment Repair with Jeff Gray Grandstand	Strength & Conditioning (Session 2)	Speed & Agility Group Fitness Room Mezzanine Level	Group Lesson with Enrico
14:00	Group Lesson with Enrico	Strength & Conditioning (Session 3)	Equipment Repair with Jeff Gray Grandstand	Group Lesson with Enrico	With Mentor on pistes
15:00	Group Lesson with Enrico	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 2)	Speed & Agility GROUP FITNESS ROOM MEZZANINE
16:00	Group Lesson with Enrico	With Mentor on pistes	Group Lesson with Enrico	Equipment Repair with Jeff Gray Grandstand	With Mentor on pistes
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

REST DAY — THURSDAY 7TH JANUARY

DAY 5
FRIDAY 8 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Group Fitness Room Mezzanine Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar with Diletta	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	With Mentor on pistes	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 2) Tommaso Directs
14:00	Group Lesson with Enrico	Strength & Conditioning (Session 3)	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico
15:00	Group Lesson with Enrico	Group Lesson with Enrico	Strength & Conditioning (Session 3)	Speed & Agility Group Fitness Room Mezzanine Level	With Mentor on pistes
16:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico	Equipment Repair with Jeff Gray Grandstand
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

DAY 6
SATURDAY 9 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in Court 3 & 4 Entry Level	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar with Diletta	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	With Mentor on pistes	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 3) Tommaso Directs
14:00	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 4)	With Mentor on pistes	Group Lesson with Enrico
15:00	Group Lesson with Enrico	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 3)	Speed & Agility Group Fitness Room Mezzanine Level (4)
16:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico	With Mentor on pistes
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	Supervise & join Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes	Optional Sparring on pistes

DAY 7
SUNDAY 10 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in LOCATION	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Referee Seminar? LOCATION	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups	Bouting in weapon groups
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	Group Lesson with Enrico	With Mentor on pistes	Group Lesson with Enrico	With Mentor on pistes	Strength & Conditioning (Session 4) Tommaso Directs
14:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Strength & Conditioning (Session 4)	Group Lesson with Enrico
15:00	Group Lesson with Enrico	Group Lesson with Enrico	Strength & Conditioning (Session 4)	With Mentor on pistes	With Mentor on pistes
16:00	Group Lesson with Enrico	With Mentor on pistes	With Mentor on pistes	Group Lesson with Enrico	Speed & Agility Group Fitness Room Mezzanine Level (4)
17:00	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors	Cool down Court 1 With mentors
18:00	CAMP CELEBRATION BBQ	CAMP CELEBRATION BBQ	CAMP CELEBRATION BBQ	CAMP CELEBRATION BBQ	CAMP CELEBRATION BBQ

DAY 8
MONDAY 11 JANUARY

TIME	COACHES	E1	E2	E3	F1
9:00	With Enrico in LOCATION	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork	fencers arrive, and dress ready for Warm-up/Footwork
10:00	Warmup/Footwork Court 2 observe or involve	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors	Warmup / Footwork Court 2 With mentors
11:00	Seminar: Topic Presenter TBA LOCATION	Seeding Round Camp Championships!	Seeding Round Camp Championships!	Seeding Round Camp Championships!	Seeding Round Camp Championships!
12:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00	ASSIST MENTORS WITH CAMP CHAMPIONSHIPS	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group
14:00	ASSIST MENTORS WITH CAMP CHAMPIONSHIPS	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group
15:00	ASSIST MENTORS WITH CAMP CHAMPIONSHIPS	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group	2nd Seeding Round D/E by Group
16:00	CAMP WRAP UP AND AWARDS	CAMP WRAP UP AND AWARDS	CAMP WRAP UP AND AWARDS	CAMP WRAP UP AND AWARDS	CAMP WRAP UP AND AWARDS
17:00	FAREWELLS & GOODBYES! 😀😀😀😀😀😀	FAREWELLS & GOODBYES! 😀😀😀😀😀😀	FAREWELLS & GOODBYES! 😀😀😀😀😀😀	FAREWELLS & GOODBYES! 😀😀😀😀😀😀	FAREWELLS & GOODBYES! 😀😀😀😀😀😀