



NON-ACCREDITED WORKPLACE MENTAL HEALTH

COURSE FORMAT

- 100% online, self-paced (log in/out anytime)
- Estimated completion time - 2 hours (vary by experience)
- Includes:
 - Online learning modules
 - Multiple-choice + written assessments
 - Reflection/scenario-based activities

GETTING STARTED

- Progress through each section in order
- All modules must be completed
- No need to complete in one sitting

⚠ Important: Some content may not reflect every real-life situation but is based on common workplace mental health challenges. All case studies are fictional and designed for learning purposes.

REQUIREMENTS

- **USI:** You will be required to enter your USI in order to complete your enrolment. This is a requirement of the Australian Government and can be obtained via <https://www.usi.gov.au/faqs/find-your-usi>
- Recommended browser: **Google Chrome**



Contact Us:



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