

2022 proved to be a memorable fifth year for the Intramural Sports Competition, with the worldwide COVID-19 pandemic slowing down, but not stopping the competition. The Women's College formally joined the competition alongside the existing 13 residences and colleges already participating in the competition. There were some spectacular matches and fantastic competition with a large number of students getting involved and trying new sports.

Due to the large section of the year with restrictions due to COVID-19, original plans to run 6 exciting sports were cancelled, resulting in crowd favourites Futsal, Netball and Basketball running.

Additionally, after years of informal Welcome Week events, the Inaugural Welcome Week Shield took place. Residences were offered another chance to gain points, with participation in each activity being rewarded - International House claimed the shield in its first year.

Congratulations to all participating residences and colleges this year and special congratulations to Regiment for winning the Liane Tooth Cup and Iglu for winning the Thomas Whalan Cup.

Next year will see six sporting events with Futsal, Basketball, Netball returning and the introduction of Touch Football, Badminton and Dodgeball. A lawn bowls social event will be held after the Intramural Sporting Competition has concluded for 2022.

OPERATIONAL CHANGES MADE 2022

- Music was played during some events and between games for other events.
- A practice session was scheduled with the sports officials prior to some events.
- Better marketing of each events to potential participating students through newsletters, Welcome Week presentations, flyers, brochures, posters on boards and social media.
- Offer more team sports to encourage more spectators and higher participation.
- Women's College formally joined the competition.
- Coordination and awarding of an MVP per semester.
- Amendment of the Intramural Constitution in 2020.

RECOMMENDATIONS FOR 2023

- Ensure larger events are run over 2 days in a round games and finals format. This was not done in 2020 due to fewer players and limited venue availability after competitions were rescheduled.
- Teams wish to submit multiple teams to competition (i.e., one competitive and one non-competitive).
- 2nd and 3rd place trophies.
- Residences wish for SUSF to provide discounted training sessions.
- Increased professionalism of competition, for example, teams to wear residence jerseys and higher standard of officials.

- Schedule competition to be played on different nights, for example weeknights or Saturday nights.
- Introduce a stricter forfeit policy to ensure that late forfeits do not continue.
- Take Intercollegiate sport events into account when planning Intramural competition, to ensure maximal participation from all residences.

* 3 Points for a win, 2 points for a draw, 1 points for a loss, 0 points for a forfeit.

** WOF = +5 and LOF = -5 for scores.

*** Final rankings are decided upon by total team points. In the event of even team points, rankings will be decided on by score difference (points for/against).

EVENTS

Welcome Week Shield – Results

Saturday 19th February 2022, The Square

	Assorted Activities	Archery Attack	Soccer Kick N Darts	Beer 'Goggle' Pong	Snookball	Total
Darlo Bears	26	38	29	9	30	162
Iglu	0	9	10	6	6	37
Queen Mary Building	10	10	10	10	10	60
Regiment	9	10	5	0	5	37
Sydney Uni Village	20	23	17	20	17	116

Rankings and Points

	Team	Total Intramural Points	Intramural Points – Thomas Whalan Cup	Intramural Points – Liane Tooth Cup
1 st	Darlo Bears	9.5	4.5	5
2 nd	Sydney Uni Village	7.5	3.5	4
3 rd	Queen Mary Building	6.5	3	3.5
=4 th	Iglu	5.5	2.5	3
=4 th	Regiment	5.5	2.5	3
=6 th	Urbanest	0	0	0
=6 th	Sancta Sophia College	0	0	0
=6 th	St John's College	0	0	0
=6 th	UniLodge	0	0	0
=6 th	Women's College	0	0	0

Overview and Recommendations for 2023

- Must ensure event is advertised with as much notice as possible, allowing residences to inform participants of the event and plan around Welcome Week activities.
- Potentially make day more structured so teams are scheduled to complete activities at designated times.
- Students expressed they enjoyed the Welcome Week shield very much, noting they enjoyed:
 - The relaxed structure of the day.
 - Archery Attack.
 - Carnival Style games such as sack races and coits.
- Potentially introduce hour-long orienteering task around university campus to be completed by participants prior to drinks and pizza.
- The 2023 Welcome Week Shield will run on Saturday 18th February.

Futsal – Thomas Whalan Cup – Results

Round Games - *Saturday 26th March 2022, Sydney Uni Sports and Aquatic Centre*

Pool A – Round Games

- 10:30am** – Iglu (2) def. Regiment (0)
- 10:30am** – Darlo Bears (6) def. Queen Mary Building (3)
- 11:00am** – Regiment (6) def. Darlo Bears (3)
- 11:30am** – Regiment (5) def. Queen Mary Building (2)
- 12:00pm** – Iglu (6) def. Darlo Bears (3)
- 12:30pm** – Iglu (7) def. Queen Mary Building (3)

Pool B – Round Games

- 10:30am** – Scape (5) drew Sydney Uni Village (5)
- 10:30am** - St John's College (WOF) def. Sancta Sophia College (LOF)
- 11:00am** – Sydney Uni Village (5) def. Sancta Sophia College (4)
- 11:30am** – St John's College (2) drew Scape (2)
- 12:00pm** – Scape (6) def. Sancta Sophia College (4)
- 12:00pm** – Sydney Uni Village (3) def. St John's College (1)

Pools - Rankings and Points

Residence	Pool	W	L	D	Pts	S.D.	Rank
Iglu	A	3	0	0	9	9	1 st
Regiment		2	1	0	7	4	2 nd
Darlo Bears		1	2	0	5	-3	3 rd
Queen Mary Building		0	0	3	3	-9	4 th
Sydney Uni Village	B	2	0	1	8	3	1 st
Scape		1	0	2	7	2	2 nd
St John's College		1	1	1	6	3	3 rd
Sancta Sophia College		0	3	0	3	-8	4 th

Finals Games - *Saturday 2nd April 2022, Sydney Uni Sports and Aquatic Centre*

- Semi Final 1 - **1:30pm** – Iglu (3) def. Scape (1)
- Semi Final 2 - **2:00pm** – Sydney Uni Village (7) def. Regiment (6)
- Grand Final - **2:30pm** – Sydney Uni Village (5) def. Iglu (3)

Finals - Rankings and Points

Place*	Team	Intramural Points
1 st	Sydney Uni Village	9
2 nd	Iglu	7
3 rd	Regiment	6
4 th	Scape	5
5 th	St John's College	4
6 th	Darlo Bears	3
7 th	Sancta Sophia College	2
8 th	Queen Mary Building	1
DNF	UniLodge	0

Futsal – Liane Tooth Cup – Results

Round Games - Saturday 26th March 2022, Sydney Uni Sports and Aquatic Centre

Pool A – Round Games

11:00am – St John’s College (8) def. Sydney Uni Village (0)

11:30am – Sydney Uni Village (4) def. Women’s College (3)

12:30pm – St John’s College (6) def. Women’s College (0)

Pool B – Round Games

11:00am – Darlo Bears (4) drew Iglu (4)

11:30am – Iglu (6) def. Regiment (1)

12:00pm – Regiment (6) def. Darlo Bears (1)

Pools - Rankings and Points

Residence	Pool	W	L	D	Pts	S.D.	Rank
St John’s College	A	2	0	0	6	14	1st
Sydney Uni Village		1	1	0	4	-7	2nd
Women’s College		0	2	0	2	-7	3rd
Iglu	B	1	0	1	5	5	1st
Regiment		1	1	0	4	0	2nd
Darlo Bears		0	1	1	3	5	3rd

Finals Games - Saturday 2nd April 2022, Sydney Uni Sports and Aquatic Centre

Semi Final 1 – **11:00am** – Regiment (2) def. St John’s College (1)

Semi Final 2 - **11:30am** – Iglu (8) def. Sydney Uni Village (6)

Grand Final - **12:30pm** – Iglu (6) def. Regiment (3)

Finals - Rankings and Points

Place*	Team	Intramural Points
1st	Iglu	10
2nd	Regiment	8
3rd	St John’s College	7
4th	Sydney Uni Village	6
5th	Darlo Bears	5
6th	Women’s College	4
DNF	Queen Mary Building	0
DNF	Sancta Sophia College	0
DNF	Scape	0
DNF	UniLodge	0

Overview and Recommendations for 2023:

- Game times worked well with very high participation.
- Competition run on SUSAC Court 1 and 2 to provide more space for spectators and ensure a safe distance to sidelines and referees.
- Introduce a stricter forfeit policy to ensure that late forfeits do not continue – St John’s College male team forfeited final due to Intercollegiate sport.

Touch Football – Mixed Competition – Results

Round Games - *Saturday 7th May 2022, The Square*

Round Robin - Round Games

- 10:20am** – Darlo Bears (4) def. Iglu (0)
10:20am – Regiment (WOF) def. Queen Mary Building (LOF)
10:40am – St John’s College (4) def. Darlo Bears (0)
10:40am – Sydney Uni Village (WOF) def. Women’s College (LOF)
11:00am – St John’s College (WOF) def. Queen Mary Building (LOF)
11:00am – Regiment (6) def. Iglu (0)
11:20am – Darlo Bears (WOF) def. Women’s College (LOF)
11:20am – St John’s College (11) def. Sydney Uni Village (0)
11:40am – Iglu (2) def. Sydney Uni Village (1)
11:40am – Regiment (5) def. Women’s College (0)
12:00pm - Regiment (2) def. Darlo Bears (0)
12:00pm - St John’s College (9) def. Iglu (0)
12:20pm – Darlo Bears (3) def. Sydney Uni Village (0)
12:20pm – Women’s College (WOF) def. Queen Mary Building (LOF)
12:40pm – Women’s College (WOF) def. Queen Mary Building (LOF)
12:40pm – Women’s College (10) def. Iglu (0)
1:00pm - St John’s College (6) def. Regiment (1)
1:00pm – Iglu (WOF) def. Queen Mary Building (LOF)
1:20pm – Regiment (6) def. Sydney Uni Village (0)
1:20pm – Darlo Bears (WOF) def. Queen Mary Building (LOF)
1:40pm – Women’s College (6) def. St John’s College (5)

Finals Games - *Saturday 2nd April 2022, Sydney Uni Sports and Aquatic Centre*

Semi Final 1 - **2:00pm** – St John’s College (4) def. Women’s College (2)

Semi Final 2 - **2:00pm** – Regiment (2) def. Darlo Bears (0)

Grand Final - **2:30pm** – St John’s College (6) def. Regiment (0)

Finals - Rankings and Points

Place*	Team	Total Intramural Points	Intramural Points – Thomas Whalan Cup	Intramural Points – Liane Tooth Cup
1 st	St John’s College	9.5	4.5	5
2 nd	Regiment	7.5	3.5	4
3 rd	Darlo Bears	6.5	3	3.5
4 th	Women’s College	5.5		3
5 th	Sydney Uni Village	4.5	2	2.5
6 th	Iglu	3.5	1.5	2
7 th	Queen Mary Building	0	0	0
DNF	Sancta Sophia College	0	0	0
DNF	Scape	0	0	0
DNF	UniLodge	0	0	0

Overview and Recommendations for 2023:

- Run competition over 2 days in rounds and finals format.
- Providing video explaining rules of netball helpful for residences due to many males being unfamiliar with sport.
- Ensure extra officials available.

Netball – Mixed Competition – Results

Finals – Saturday 3rd September 2022, Sydney Uni Sports and Aquatic Centre

Quarter Final 1 - **7:00pm** – Regiment 13 def. International House 11
 Quarter Final 2 - **7:00pm** – St John’s College 21 def. Darlo Bears 5
 Quarter Final 3 - **7:30pm** – Sancta Sophia College 18 def. Women’s College 7
 Semi Final 1 - **7:30pm** – St John’s College 11 def. Queen Mary Building 9
 Semi Final 2 - **8:00pm** – Sancta Sophia College 14 def. Regiment 4
 Grand Final - **8:00pm** – Sancta Sophia College def. St John’s College 7

Finals - Rankings and Points

Place*	Team	Intramural Points	Intramural Points – Thomas Whalan Cup	Intramural Points – Liane Tooth Cup
1st	Sancta Sophia College	11	5.5	5.5
2nd	St John’s College	9	4.5	4.5
3rd	Regiment	8	4	4
4th	International House	7	3.5	3.5
5th	Queen Mary Building	6	3	3
6th	Women’s College	5	2.5	2.5
7th	Darlo Bears	4	2	2
8th	Sydney Uni Village	3	1.5	1.5
= 9th	Iglu	2	1	1
= 9th	Urbanest	2	1	1
DNF	UniLodge	0	0	0

Overview and Recommendations for 2023:

- Run competition over 2 days in rounds and finals format.
- Providing video explaining rules of netball helpful for residences due to many males being unfamiliar with sport.
- Ensure extra officials available.

Netball – Mixed Competition – Results

Rounds – Saturday 20th August 2022 Sydney Uni Sports and Aquatic Centre

Pool A – Round Games

4:30pm - Regiment 19 def. Urbanest 1
5:00pm - St John’s College 14 def. Regiment 9
6:00pm - St John’s College 14 def. Urbanest 0

Pool B – Round Games

4:00pm – International House 16 def. Queen Mary Building 4
4:00pm - Women’s College 6 def. Sydney Uni Village 1

- 5:00pm** – International House 11 def. Women’s College 4
5:30pm – Queen Mary Building 11 def. Sydney Uni Village 1
6:00pm – International House 9 def. Sydney Uni Village 1
6:30pm – Women’s College 13 def. Queen Mary Building 1

Pool C – Round Games

- 4:30pm** - Sancta Sophia 21 def. Iglu 1
5:30pm - Darlo Bears 15 def. Iglu 3
6:30pm – Sancta 21 def. Darlo Bears 3

Pools - Rankings and Points

Residence	Pool	W	L	D	Pts	S.D.	Rank
St John’s College	A	2	0	0	6	19	1 st
Regiment		1	1	0	4	3	2 nd
Urbanest		0	0	2	2	-32	3 rd
International House	B	3	0	0	9	27	1 st
Women’s College		2	1	0	7	10	2 nd
Queen Mary Building		1	2	0	5	-14	3 rd
Sydney Uni Village		0	3	0	3	-23	4 th
Sancta Sophia College	C	2	0	0	6	38	1 st
Darlo Bears		0	1	0	4	-6	2 nd
Iglu		0	2	0	2	-32	3 rd

Netball – Mixed Competition – Results

Finals – Saturday 3rd September 2022, Sydney Uni Sports and Aquatic Centre

- Quarter Final 1 - **7:00pm** – Regiment 13 def. International House 11
 Quarter Final 2 - **7:00pm** – St John’s College 21 def. Darlo Bears 5
 Quarter Final 3 - **7:30pm** – Sancta Sophia College 18 def. Women’s College 7
 Semi Final 1 - **7:30pm** – St John’s College 11 def. Queen Mary Building 9
 Semi Final 2 - **8:00pm** – Sancta Sophia College 14 def. Regiment 4
 Grand Final - **8:00pm** – Sancta Sophia College def. St John’s College 7

Finals - Rankings and Points

Place*	Team	Intramural Points	Intramural Points – Thomas Whalan Cup	Intramural Points – Liane Tooth Cup
1 st	Sancta Sophia College	11	5.5	5.5
2 nd	St John's College	9	4.5	4.5
3 rd	Regiment	8	4	4
4 th	International House	7	3.5	3.5
5 th	Queen Mary Building	6	3	3
6 th	Women's College	5	2.5	2.5
7 th	Darlo Bears	4	2	2
8 th	Sydney Uni Village	3	1.5	1.5
= 9 th	Iglu	2	1	1
= 9 th	Urbanest	2	1	1
DNF	UniLodge	0	0	0

Overview and Recommendations for 2023:

- Run competition over 2 days in rounds and finals format.
- Providing video explaining rules of netball helpful for residences due to many males being unfamiliar with sport.
- Ensure extra officials available.

Basketball – Thomas Whalan Cup – Results

Rounds – Friday 8th October 2022, Sydney Uni Sports and Aquatic Centre

- 3:00pm** – Queen Mary Building 13 def. Urbanest 12
3:30pm – Iglu 30 def. International House 22
4:00pm – Sancta Sophia College 22 def. Urbanest 9
4:30pm – Queen Mary Building 14 def. International House 13
5:00pm – Queen Mary Building 24 def. Darlo Bears 21
5:30pm – Iglu 32 def. Darlo Bears 29
6:00pm – Regiment 17 def. Urbanest 14
6:30pm – Sancta Sophia College 27 def. Darlo Bears 13
7:00pm – Regiment 14 def. International House 2
7:30pm – Iglu 30 def. Urbanest 8
8:00pm – Sancta Sophia 17 def. Regiment 16

Rounds - Rankings and Points

Residence	W	L	D	Pts	S.D.	Rank
Darlo Bears*	0	2	0	3	-22	6 th
Iglu	3	0	0	9	33	2 nd
International House	0	3	0	3	-8	5 th
Queen Mary Building	3	0	0	9	5	3 rd
Regiment Building	2	1	0	7	-6	4 th

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Sancta Sophia College	3	0	0	9	37	1st
St John's College	0	0	0	0	0	DNF
Sydney University Village	0	0	0	0	0	DNF
UniLodge	0	0	0	0	0	DNF
Urbanest	0	4	0	4	-39	7th

Basketball – Thomas Whalan Cup – Results

Finals – Saturday 15th October 2022, Sydney Uni Sports and Aquatic Centre

Semi Final 1 - **8:30pm** – Sancta Sophia College 24 def. Regiment 17

Semi Final 2 – **9:00pm** - Iglu 27 def. Queen Mary Building 17

Grand Final - **9:30pm** - Sancta Sophia College 21 def. Iglu 19

Finals - Rankings and Points

Place*	Team	Intramural Points
1st	Sancta Sophia College	11
2nd	Iglu	9
3rd	Regiment	8
4th	Queen Mary Building	7
5th	International House	6
6th	Darlo Bears	5
7th	Urbanest	4
DNF	St John's College	0
DNF	Sydney Uni Village	0
DNF	UniLodge	0

Basketball – Thomas Whalan Cup – Results

Rounds – Saturday 8th October 2022, Sydney Uni Sports and Aquatic Centre

- 3:00pm** – Queen Mary Building 13 def. Urbanest 12
- 3:30pm** – Iglu 30 def. International House 22
- 4:00pm** – Sancta Sophia College 22 def. Urbanest 9
- 4:30pm** – Queen Mary Building 14 def. International House 13
- 5:00pm** – Queen Mary Building 24 def. Darlo Bears 21
- 5:30pm** – Iglu 32 def. Darlo Bears 29
- 6:00pm** – Regiment 17 def. Urbanest 14
- 6:30pm** – Sancta Sophia College 27 def. Darlo Bears 13
- 7:00pm** – Regiment 14 def. International House 2
- 7:30pm** – Iglu 30 def. Urbanest 8
- 8:00pm** – Sancta Sophia 17 def. Regiment 16

Rounds - Rankings and Points

Residence	W	L	D	Pts	S.D.	Rank
Darlo Bears*	0	2	0	3	-22	6th
Iglu	3	0	0	9	33	2nd
International House	0	3	0	3	-8	5th
Queen Mary Building	3	0	0	9	5	3rd
Regiment Building	2	1	0	7	-6	4th
Sancta Sophia College	3	0	0	9	37	1st
St John's College	0	0	0	0	0	DNF
Sydney University Village	0	0	0	0	0	DNF
UniLodge	0	0	0	0	0	DNF
Urbanest	0	4	0	4	-39	7th

Basketball – Thomas Whalan Cup – Results

Finals – Saturday 15^h October 2022, Sydney Uni Sports and Aquatic Centre

Semi Final 1 - **8:30pm** – Sancta Sophia College 24 def. Regiment 17

Semi Final 2 - **9:00pm** - Iglu 27 def. Queen Mary Building 17

Grand Final - **9:30pm** - Sancta Sophia College 21 def. Iglu 19

Finals - Rankings and Points

Place*	Team	Intramural Points
1st	Sancta Sophia College	11
2nd	Iglu	9
3rd	Regiment	8
4th	Queen Mary Building	7
5th	International House	6
6th	Darlo Bears	5
7th	Urbanest	4
DNF	St John’s College	0
DNF	Sydney Uni Village	0
DNF	UniLodge	0

Overview and Recommendations for 2022:

- Run competition over 2 days in rounds and finals format.
- Ensure extra officials available.
- Use of a shot clock.

OVERALL RANKINGS

Men's Thomas Whalan Cup Overall Points 2022

Residence	Welcome Week Shield	Futsal	Netball	Basketball	Total Points	Rank
Darlo Bears*	4.5	2	2	5	13.5	6 th
Iglu	2.5	11	1	9	23.5	1 st
International House	5.5	4	3.5	6	19	5 th
Queen Mary Building	3	9	3	7	22	=2 nd
Regiment Building	4	6	4	8	22	=2 nd
Sancta Sophia College	DNF	5	5.5	11	21.5	3 rd
St John's College	DNF	8	4.5	DNF	12.5	7 th
Sydney University Village	3.5	7	1.5	DNF	12	8 th
UniLodge	DNF	1	DNF	DNF	1	10 th
Urbanest	2	3	1	4	10	9 th

Women's Liane Tooth Cup Overall Points 2022

Residence	Welcome Week Shield	Futsal	Netball	Basketball	Total Points	Rank
Darlo Bears*	4.5	7	2	5	18.5	4 th
Iglu	2.5	8	1	4	15.5	= 6 th
International House	5.5	4	3.5	8	21	3 rd
Queen Mary Building	3	3	3	7	16	5 th
Regiment Building	4	9	4	9	26	1 st
Sancta Sophia College	DNF	6	5.5	11	22.5	2 nd
St John's College	DNF	11	4.5	DNF	15.5	= 6 th
Sydney University Village	3.5	5	1.5	DNF	10	8 th
UniLodge	DNF	DNF	DNF	DNF	0	11 th
Urbanest	2	2	1	DNF	5	10 th
Women's College	DNF	DNF	2.5	6	8.5	9 th