

2020

INTERCOLLEGIATE

SWIMMING CARNIVAL



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CONDITIONS OF ENTRY

- Alcohol policy: This is a Dry/No BYO event Please do not bring alcohol into the venue. Venue and event staff/security reserve the right to check bags and confiscate unsealed bottles on entry to the venue. Persons found consuming or in possession of alcohol within the venue may be asked to leave immediately by security, event and/ or college staff.
- No smoking please: Once inside the venue, smoking is strictly prohibited. A number of receptacles are available outside the exit doors on the western side of the complex for smokers.
- Food & beverages: As the venue is fully catered, no commercial food or beverages are to be brought into the Centre.
- Spectators: Please remain within the given spectator's area for your own safety, as well as that of the competitors and event staff/officials.
- Use of diving facilities: NO unauthorised diving is permitted off the diving boards.
- Code of conduct: All competitors and spectators are expected
 to abide by the Intercol and Sydney Uni Sport & Fitness codes of
 conduct. Misconduct will not be tolerated and offending persons
 may be asked to leave the venue immediately and disciplinary action
 may follow.
- Rubbish: All colleges must ensure that the venue is cleared of all rubbish on departure from the premises.

COMPETITORS

- The Utility Pool lanes 0–3 only have been reserved for competitors' warm-up and cool-down during the carnival'. This area will not be available to swimmers for such purposes during the Diving Championship.
- All competitors are to use the competitors' change rooms between the Competition and Utility pools on the western side of the Centre.
- Sydney International Aquatic Centre's conditions of entry state that "articles of clothing such as street wear, underwear, cut-off jeans, t-shirts, bike pants, leotards, casual wear and sporting wear are strictly prohibited." These rules apply to ALL competitors in EVERY race.
- Competitors must report to the marshalling area for when their event is called.
- Swimming NSW referees will be judging all swimming events and Diving NSW judges will be officiating the Diving Championship.

OPERATING RULES

- The event shall be conducted in accordance with both the Constitution, the following by-laws and FINA rules as the apply in the year of competition.
- In the case of conflict between the adopted rules and the Constitution or the Sporting By-Laws, the Constitution and Sporting By-Laws shall have over-riding authority.
- 3. The following additional rules are to be adhered to:
 - Each competitor may only compete in a maximum of four individual events and two relays.
 - The Diving Championship will consist of each diver attempting three dives, of which no two are from the same group. The groups being: forward; backward; inward; reverse; and twist.
 - All dives will be attempted from a 1m springboard.
 - Each college team may enter two relay teams in the freestyle relay.
 Each team is to be nominated before the race as 'A' or 'B'. For the freestyle relay A and B races are run separately. Relay team B will receive no points if placed in the race.

ORDER OF EVENTS

- Gates open at 6:15 pm
- Competition pool access and warm-up from 6:30-6:55 pm
- Meeting of event staff 6:45 pm
- First event at 7:00 pm
- 1. Men's 50m freestyle
- 2. Women's 50m freestyle
- 3. Men's 400m freestyle
- 4. Women's 400m freestyle
- 5. Men's 50m breaststroke
- 6. Women's 50m breaststroke
- 7. Men's 100m freestyle
- 8. Women's 100m freestyle
- 9. Men's and Women's Diving Championship
- 10. Women's 50m butterfly
- 11. Men's 50m butterfly
- 12. Women's 200m individual medley

- Men's 200m individual medley
- 14. Women's 50m backstroke
- 15. Men's 50m backstroke
- 16. Women's 200m freestyle
- 17. Men's 200m freestyle
- 18. Women's 4x50m medley relav
- 19. Men's 4x50m medley relay
- 20. Mixed 4x50m freestyle relay B
- 21. Women's 4x50 freestyle relay A
- 22. Men's 4x50 freestyle relay A

LANE DRAWS

Rosebowl

Wesley (0,5); Women's (1,6); St Andrew's (2,7); Sancta (3,8); St John's (4,9)

Rawson

St Paul's (0,5); St John's (1,6); Wesley (2,7); St Andrew's (3,8); Sancta (4,9)

VENUE INFORMATION

Olympic Boulevard, Sydney Olympic Park, NSW 2127 swim@sopac.nsw.gov.au (02) 9752 3666

Travelling by public transport?

To plan your trip contact the NSW Transport Infoline on 131 500 or visit www.131500.com.au

Travelling by private vehicle?

Remember to allow ample time for travel to the venue. Peak hour traffic conditions will severely affect travel times. Sydney Olympic Park Aquatic Centre patrons are entitled to park in P2 or P3 and receive 4 hours free parking on production of a validated car park ticket. Your car parking ticket needs to be validated at the Service Desk upon entry into the Aquatic Centre. Once your ticket has been validated, you are entitled to 4 hours free parking. For every hour after 4 hours, the normal casual parking rates of \$5 per hour will apply (maximum of \$25 per day). Non-validated tickets will incur normal casual parking rates of \$5 per hour (maximum of \$25 per day).

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