

**THE UNIVERSITY OF SYDNEY:
INTRAMURAL SPORTING COMPETITION**



THE UNIVERSITY OF
SYDNEY



Sydney Uni
SPORT & FITNESS



INTRAMURAL SPORT
THE UNIVERSITY OF SYDNEY

JACK THOMSON, INTRAMURAL PROGRAMS SPONSOR, STUDENT ACCOMMODATION SERVICES
ALEXANDRA CUSACK, COMPETITIONS COORDINATOR, SYDNEY UNI SPORT & FITNESS
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ABOUT INTRAMURAL SPORTS

The Intramural Sports Competition provides competitive and recreational sport leagues, tournaments and special events for all residential students of the University of Sydney, regardless of skill level. These activities foster leadership, sportsmanship and education.

This manual has been developed to ensure that residents participating in Intramural Programs have all the relevant information available to them.

Student Accommodation Services (SAS) and Sydney Uni Sport and Fitness (SUSF) are committed to ensuring all facets of Intramural Programs continue to grow in stature, as well as ensuring the delivery of high quality and professionally administered programs. The program's success is heavily dependent on each residence and its residents.

Due to the varying sports contested within the Intramural Sports Competition, this manual has been produced to clearly outline the requirements of participation in the Intramural Sports Competition. All sports are officiated under different guidelines, however, for the most part, these guidelines are set by a national body. There are some variations added for differing reasons, including safety, game times and draw issues.

SUSF & SAS have also developed policies to aid in the professional conduct and administration of the Intramural Sports Program. These policies relate to social behaviour, particularly alcohol at events, safety, academic standards, and social media.

The majority of Intramural Sports are played in a pools format. The competition is supportive of residences potentially unable to furnish a full team, by still providing point opportunities to keep them in the running. At the conclusion of an event, points are compiled, with competition points allocated to a residence based on their ranking in that event. The residences points are totalled at the end of the year, with the highest-ranking male and female teams being awarded with the Thomas Whalan and Liane Tooth Cup's respectively.

Intramural sports are an integral part of a distinctive education at The University of Sydney.

The Thomas Whalan Cup (Men's Competition)

Thomas Whalan is a member of a select group of Australian Water Polo players who have participated in four Olympic Games. He made his Olympic debut at the 2000 Sydney Olympic games where he was the youngest Australian player on the team, finishing in eighth position. Whalan, an outside shooter, then competed in the Athens (2004) and Beijing (2008) Olympic games, finishing ninth and eighth respectively. Whalan married Olympic swimmer, Elka Graham, just after the 2008 Beijing Olympic Games.

In the London 2012 Olympic Games, after losing three of their first four matches, the Australian Water Polo team defeated Greece, 13-8, reserving themselves a spot in the quarterfinals against Serbia. The Aussies took a 7-4 halftime lead prior to their 8-11 defeat by Serbia, the eventual bronze medallists. Whalan finished with eight goals in the competition.

In 2001, Thomas was named Cleo 'Bachelor of the Year'. He is an Alumnus of the University of Sydney, having attained a B. Commerce/Law.

The Liane Tooth Cup (Women's Competition)

Liane Tooth was the first women's Hockey player to participate in four Olympics games, representing Australia from 1984-1996. Tooth was a member of two Olympic gold medal teams, in 1988 and 1996, with the team placing fourth in 1984 and fifth in 1992. As a defender, Tooth was an exciting player for the Hockeyroos, emerging as one of the best Australian teams competing on the international stage. She was honoured for her contribution to sport when chosen as one of eight Olympic flag bearers during the Opening Ceremony of the Sydney 2000 Olympic Games.

Tooth's career began when she started playing field hockey at school in Sydney. Since 1994, she has devoted much of her professional life to increasing sporting opportunities and promoting physical activity, particularly for females; for the Active Women unit of the WA Department of Sport and Recreation. Most recently, she has worked for the same department as an Officiating and Coaching Consultant, assisting with the development of sporting officials; such as referees and judges, and coaches.

She was inducted into the Sport Australia Hall of Fame in 1996. She is an Alumna of the University of Sydney, having studied a Bachelor of Education (Physical Education) 1981 – 1983.

CONSTITUTION, ARTICLE 1 - Name, Purposes and Fundamental Policy

1.1 Name

The committee concerning all Intramural Programs shall be known as the 'Intramural Competition Committee (ICC)', commonly referred to as the 'Intramural Committee'.

1.2 Purposes

The purposes of this Committee are:

- (a) To initiate, stimulate and improve Intramural Programs for all students, and to promote and develop educational-leadership and participation as a recreational and educational pursuit;
- (b) To uphold the principle of student-lead responsibility for all Intramural Competitions in conformity with this constitution and bylaws of this Committee;
- (c) To uphold participation eligibility rules that comply with satisfactory standards of scholarship and sportspersonship;
- (d) To formulate and publish rules of play relating to all Intramural Competitions;
- (e) To preserve records related to Intramural Programs;
- (f) To maintain and cultivate a friendly and supportive nature in all Intramural Competitions;
- (g) To study all phases of competition and establish standards whereby residences and the university can maintain a high-level program.

1.3 Fundamental Policy

1.3.1 Basic Purpose

The Intramural Competition is designed to provide a competitive outlet for participating residences and is a vital part of the University of Sydney educational system.

1.3.2 Participating Residences

- Abercrombie Student Accommodation *
- Darlington House
- The Darlington Terraces *
- International House
- Iglu
- Mandelbaum House *
- Queen Mary Building
- Regiment Building
- Sancta Sophia College
- St John's College
- Sydney University Village
- UniLodge
- Urbanest
- The Women's College

*The Darlo Bears consist of students residing at Abercrombie Student Accommodation, the Darlington Terraces, Mandelbaum House and Darlington House.

1.3.3 Obligations of Member Residences

Member residences are obligated to apply and enforce the requirements of this Constitution. The Committee's infractions process will be applied to a residence, should it fail to fulfil this obligation.

CONSTITUTION, ARTICLE 2 - Principles for Conduct of Intramural Competitions

2.1 General Principle

Regulations enacted by the Committee, concerning the administration of Intramural Competition related policies shall be designed to advance one or more basic principles, including the following, to which member residences are committed. In some instances, a delicate balance of these principles is necessary to help achieve the objectives of Intramural Programs.

2.2 Residential Control and Responsibility

Responsibility for Control: It is the responsibility of each participating residence to control its arm of the Intramural Program in compliance with the rules and regulations of the Committee.

Scope of Responsibility: The residence's scope of responsibility related to Intramural Competitions includes responsibility for the actions of its staff members and any other individual or organisation engaged in activities, promoting the sporting interests of the residence.

2.3 Resident-Competitor Well-being

Intramural Competitions and Programs shall be conducted in a manner designed to protect and enhance the physical and educational well-being of students in participating residences.

Overall Educational Experience: It is the responsibility of each residence to establish and maintain an environment where a resident competitors' activities are conducted as an integral part of the resident's educational experience.

Cultural Diversity and Gender Equity: it is the responsibility of the Committee to establish and maintain an environment and suite of competitions that clearly value cultural diversity and gender equity.

Health and Safety: It is the responsibility of member residences, the Committee and SUSF to protect the health of, and provide a safe environment for, each of the participating residents.

Resident Competitors/Sporting Staff Relationship: It is the responsibility of each residence to establish and maintain an environment that fosters a positive relationship between resident competitors and coaches, umpires and referees.

Fairness, Openness and Honesty: It is the responsibility of the Committee, in conjunction with SUSF, to ensure coaches and administrators exhibit fairness, openness and honesty in all interactions with resident competitors.

Resident Competitor Involvement: It is the responsibility of each member residence to direct residents to opportunities provided by the Committee.

2.4 Sportsmanship and Ethical Conduct

Intramural Programs aim to promote character development of participants, enhance the overall experience of their tertiary education and to assist in the meeting of the University of Sydney's strategic goals. Intramural Competitions should adhere to fundamental values of the University including respect, fairness, civility, honesty and responsibility. These values should not only be displayed in Intramural Participation, but also in the broad spectrum of activities concerning Intramural Programs. It is the responsibility of the committee to:

- (a) Establish policies outlining sportspersonship and ethical conduct in Intramural Competitions, consistent with the educational mission and goals of the University of Sydney; and
- (b) Educate, on a continuing basis, all constituencies about the policies and updates within this document.

2.5 Sound Academic Standards

Intramural Programs shall be maintained as a vital component of the educational program at the University of Sydney for all participating residences. The academic standing of a resident should not be impacted by participation in any aspect of Intramural Competitions.

2.6 Non-Discrimination

The Committee shall promote an atmosphere of respect and sensitivity to the dignity of every person.

2.7 Rules Compliance

The Responsibility of Residence: Each residence shall comply with all applicable rules and regulations outlined in the Constitution as determined by the Committee regarding its conduct in Intramural Programs. A residence shall monitor its arm to assure compliance and to identify and report to the Committee instances in which compliance has not been achieved. In any such instance, the participating residence shall cooperate fully with the Committee and take appropriate corrective actions. Members of a residence's staff, resident competitors and other individuals and groups representing the residences arm of Intramural Programs shall comply with the applicable Committee rules, and the member residences shall be responsible for administration of such compliance.

The Responsibility of the Committee: The Committee shall assist each participating residence in its efforts to achieve full compliance with all rules and regulations.

2.8 Competitive Equity

The structure of programs and activities put forward by the Committee shall promote equity in competition, assuring individual resident competitors and their residences will not be unfairly inhibited from receiving benefits inherent in participation in Intramural Competitions.

2.9 Play and Practice Seasons

The time required of resident competitors for participation in Intramural Competitions are to be regulated, to minimise interference with their acquisition of a quality education in a manner consistent with that afforded to the general student body.

CONSTITUTION, ARTICLE 3 – Organisation

3.1 General Principles

Structure: SUSF's Competitions Coordinator shall assume the responsibility of Director of Intramural Sport. The Director of Intramural Sports will oversee all operations of the sporting competition and manage the residences nominated sports representatives.

Selection and Term of Office: Member residences may appoint representatives to the committee by means they see fit and must be approved by the Intramural Programs Sponsor or delegate.

3.2 Executive Committee

Duties and Responsibilities:

- a) Provide final approval and oversight of the Intramural Competition;
- b) Facilitate a culture of participation in sport and recreation activities;
- c) Work harmoniously with SUSF and SAS;
- d) Provide recognition for sporting achievements in Intramural Competitions of resident competitors;
- e) Convene as required to discuss matters relating to the Intramural Competitions;
- f) Maintain accurate and accessible sporting records in conjunction with SUSFs representative.
- g) Nurture and maintain an open and friendly nature present in all Intramural Competitions.

OPERATING BYLAWS, ARTICLE 4 - Ethical Conduct

4.1 General Principle

Honesty and Sportspersonship: Individuals associated with the Committee and resident competitors shall always act with honesty and sportspersonship. They are tasked with upholding the reputations and nature of Intramural Programs through their representation of their residences and themselves. They are to represent the honour and dignity of fair play and the generally recognised high standards associated with wholesome competitive sports.

4.2 Unethical Conduct

Unethical conduct by a resident, staff member of a participating residence or SAS or other affiliated with the above, may include, but is not limited to, the following:

- (a) Knowing involvement in offering or providing a prospective or current resident an improper inducement or extra benefit or improper financial compensation to participate in Intramural Competitions;
- (b) Knowing involvement in providing an illegal substance or impermissible supplement to a competitor or knowingly providing medications to competitors contrary to medical licensure, commonly accepted standards of care in sports medicine practice, or state and federal law.
- (c) Engaging in any competition under an assumed name or with intent to otherwise deceive;
- (d) Engaging in an intramural conflict.
- (e) No competitor, spectator, referee or staff member will be allowed to participate in any aspect of the Intramural Competition if they are (or are suspected to be) under the influence of alcohol or illicit substances. Any person suspected of such will be asked to leave the facility. The incident will be pursued by the Committee as seen fit.

4.3 Code of Conduct and University of Sydney Student Charter

Individuals associated with the Intramural Committee and resident competitors must act within the limits of the SUSF Sporting Code of Conduct and University of Sydney Student Charter. The Code of Conduct is available on the Intramural website via the following link, <http://www.susf.com.au/shop/item/intramural-sport>. The University of Sydney's Student Charter is available on the University of Sydney's website via the following link: <http://sydney.edu.au/policies/showdoc.aspx?recnum=PDOC2011/215&RendNum=0>.

4.4 Use of Illicit Substances

Any member of a residences with knowledge of a residents use of an illicit substance shall follow their residences procedures regarding drug or alcohol abuse or shall be subject to disciplinary actions.

4.5 Disciplinary Action

Resident competitors found in violation of the provisions of these regulations are ineligible to participate in Intramural Programs, subject to appeal to the Committee on Resident Competitor Reinstatement for restoration of eligibility. Residence or University staff found in violation of the provisions of these regulations shall be subject to disciplinary or corrective action as set forth by their relevant supervisor.

OPERATING BYLAWS, ARTICLE 5

Eligibility, Promotion & Infraction

5.1 General Principles

Eligibility for Intramural Sports: Amateurs and student athletes are eligible to participate in all Intramural Competitions, including live-in student-staff members. General staff who do not take residence and are not students of the University of Sydney are not eligible to participate in the competition. A resident concurrently participating in the University of Sydney's Intercollegiate Sporting Competition is not eligible to participate in that same sport in the Intramural Competition in that same year. This is at the discretion of the Intramural Programs Sponsor or delegate.

Residence Responsibility: A member residence shall not permit a resident competitor to represent it in intramural sport competitions unless the resident meets all applicable eligibility requirements.

Academic Status: To be eligible to represent a member residence in Intramural Competitions, a resident competitor must be enrolled as a part-time or full-time student and reside within a participating residence of the University of Sydney's Intramural Competition (see **1.3.2**).

5.2 Promotional/Marketing Activities

SUSF, SAS or a resident competitor's residence may ask students to participate in promotional and/or marketing activities to better enhance the Intramural Programs. Residents may opt out of this by informing their Sports Representative or SUSF Competitions Coordinator.

5.3 Residence Responsibility for Eligibility Certification

The Sports Representative of any residence is responsible for approving the procedures for certifying the eligibility of a resident competitor.

5.4 Ineligibility

Member Residence Obligation to Withhold Resident Competitor from Competition: If a resident-competitor is ineligible under the provisions of this Constitution, bylaws or other regulations of SUSF, the member residence shall be obligated to withhold that resident competitor from all Intramural Competitions.

5.5 Restoration of Eligibility

Basis for Appeal: When a resident-competitor is determined to be ineligible under any applicable provision of the Constitution, operating by-laws or other regulations of SUSF or SAS, the resident competitor may appeal to the Committee on Resident Competitor Reinstatement for restoration of eligibility if it is concluded the circumstances warrant restoration. Residents are only eligible for restoration provided their residence and the Intramural Programs Sponsor or delegate concludes that the circumstances warrant restoration of eligibility.

Participation in Appeal Meeting: Any appeal to restore a resident competitor's eligibility shall be submitted in writing to the Committee. Upon receipt, the Committee shall form a meeting of appeal with the resident competitor to discuss eligibility to continue in Intramural Competition. During this process, the Committee will determine the appropriate members of the committee on Resident-Competitor Reinstatement.

OPERATING BYLAWS, ARTICLE 6

Playing and Practice Seasons

6.1 General Principles

Intramural Competition Committee Limitations: The Committee shall limit the length of its playing season and the number of its regular-season contests and/or dates of competition in all sports, as well as the extent of its participation in other intramural sporting activities, to minimise interference with the academic programs of its resident-competitors.

6.2 General Playing-Season Guidelines

Segments of Season: the IMSCC will divide the playing year into sporting segments as to create a fair and equitable competition for all member residences. The IMSCC may temporarily discontinue a segment due to severe inclement weather, and restart the discontinued segment provided the permissible overall length of that segment is not exaggerated. IMSCC will notify all member residences of this decision, with a written summary explaining any extra conditions placed on the extension.

Sports-Safety Certified Staff Presence During Countable Physical Activities: It is the responsibility of the member residence to ensure that appropriately qualified first-aid/sports safety staff are present at all practice season activities. It is the responsibility of IMSCC to ensure that appropriately qualified first-aid/sports safety staff are present at all organised intramural sporting matches.

Time Limits for Intramural Athletically Related Activities: A resident-competitor's participation in intramural sporting activities shall be limited to a maximum of seven hours per day and twenty hours per week.