

SUMMER 2022

HOLIDAY INTENSIVE SWIM PROGRAM



Week 1: 4–7 January

Learn to Swim				SQUAD 3 Day Clinics M/T/W	
9:00am	Level 1	Level 2	Level 3	9:30am	Mini Squad Dive & Stroke Clinic
9:30am	Level 4	Seahorse	Level 1		
10:00am	Level 3	Level 5&6	Private	10:30am	Development Dive & Stroke Clinic
10:30am	Level 4	Level 1	Adult WS		
11:00am	Level 1	Private	Adult CB	11:30pm	Challenge Dive & Stroke Clinic

Week 2: 10–14 January

Learn to Swim				SQUAD 3 Day Clinics M/T/W	
9:00am	Level 1	Level 2	Level 5&6	9:30am	Mini Squad Dive & Stroke Clinic
9:30am	Level 4	Seahorse	Level 3		
10:00am	Level 3	Private	Level 5	10:30am	Development Dive & Stroke Clinic
10:30am	Level 4	Level 1	Adult WS		
11:00am	Level 1	Private	Adult CB	11:30pm	Challenge Dive & Stroke Clinic
3:30pm	Level 1	Level 2	Adult CB		
4:00pm	Level 3	Seahorse	Adult WS	3:00pm	Mini Squad Dive & Stroke Clinic
4:30pm	Level 4	Private	Adult INT	4:00pm	Development Dive & Stroke Clinic
5:00pm	Level 3	Level 1	Adult WS	5:00pm	Challenge Dive & Stroke Clinic
5:30pm	Level 5&6	Private	Adult CB	5:00pm	Swimfit (Tuesday & Thursday)

Week 3: 17–21 January

Learn to Swim				School Carnival Prep M/T/W	
9:00am	Level 1	Level 2	Level 1	9:30am	L5 & 6 LTS Dive Clinic (3 days)
9:30am	Level 4	Seahorse	Level 3		
10:00am	Seahorse	Private	Level 5&6	10:30am	Mini & Development School Carnival Prep
10:30am	Level 2	Level 4	Adult WS		
11:00am	Level 1	Private	Adult CB	11:30pm	Challenge School Carnival Prep
3:30pm	Level 1	Level 3	Private		
4:00pm	Level 2	Seahorse	Private	3:00pm	L5 & 6 LTS Dive Clinic (3 days)
4:30pm	Level 4	Private	Private	4:00pm	Mini & Development School Carnival Prep
5:00pm	Level 3	Level 1	Private	5:00pm	Challenge School Carnival Prep
5:30pm	Level 1	Private	Private	5:00pm	Swimfit (Tuesday & Thursday)

FEES: 1ST CHILD \$98, 2ND CHILD \$95, ADULT \$115, SWIMFIT \$42, 3 DAY SQUAD CLINIC \$60

Private Lessons:

- Fees: \$330 for 5x30 minute lessons.
- Our instructors will assist you in achieving individual goals.

- One-on-one private lessons or if requested a group of 2 family members or friends can be arranged on request. However if students are of differing swimming abilities we recommend that you book individual private lessons for maximum benefit.