



SUSF Interfaculty Sport – Volleyball Competition

LAWS OF THE GAME

TEAM

- Maximum of SIX (6) players on the court at any one time.
(A team must have a minimum 4 players on the court to start a match)
- Each team must have MINIMUM of two (2) female players on the court at any time.
- Unlimited number of reserves is allowed.

EQUIPMENT AND ATTIRE

- Equipment (a match ball) is provided.
- No equipment is provided for team practice and warm up.
- Appropriate active wear is encouraged; team uniforms are not compulsory and same colour team shirts are recommended.
- Joggers and runners are acceptable; enclosed and appropriate footwear must be worn.

FORMAT/RULES

- It is a knockout competition.
- Each game consists of 2 x 12 minutes halves with a 1 minute half time break.
- Unlimited substitutions are permitted, change must be made between points.
- In the event of a draw, it will go into golden point.
- In the event of a draw in the FINALS, extra time of 2 minutes will be added with no substitution. If it is tied, the winner will be decided on a “for and against” points count.

Serving

- The server has no longer than 8 seconds to serve the ball or the serve is lost.
- Players must serve the ball from behind the base line.
- A serve must go over the net without interference from another player.
- If server’s foot is on the line whilst serving, a foul is committed and a point is lost.

Basic violations

- ✘ No player is allowed to touch the ball twice in a row. If they do, a foul is committed and a point is lost.
- ✘ No player is allowed to touch the net whilst playing for the ball or to distract the opposition.
- ✘ No player is permitted to catch, carry or lift the ball with one or two hands. If they do, a foul is committed and a point is lost.

General Play

- ❖ The ball is not out of play unless it has hit the ground or wall.
- ❖ If the ball lands on the line, it is in.
- ❖ The ball must pass between the antennae when going over the net. If it does not, the ball is out.
- ❖ If a player blocks the ball and it is still on that player’s side of the net, the team is still allowed three touches of the ball to get it back over the net.
- ❖ Players rotate anticlockwise after the opposition loses the serve. So if your team wins the serve, the same player serves again.
- Specific game rules can be referred in [this link](http://www.fivb.org/en/refereeing-rules/documents/FIVB-Volleyball_Rules_2017-2020-EN-v06.pdf) (http://www.fivb.org/en/refereeing-rules/documents/FIVB-Volleyball_Rules_2017-2020-EN-v06.pdf)

OFFICIALS & MISCONDUCT

- Referee’s discretion on calls are final
- Any misconduct on decisions can result in offending players being asked to leave the field