



# SUSF Interfaculty Sport – Ultimate Frisbee Competition

## LAWS OF THE GAME

### TEAM

- Maximum of seven (7) players per team on the field at any one time  
(A minimum of five (5) players on the field during each point)
- Each team may have a MAXIMUM of four (4) male players on the field at any time.
- Unlimited numbers of reserves are allowed.

### EQUIPMENT AND ATTIRE

- Equipment (a match disc) will be provided.
- Appropriate active wear is encouraged; team uniforms are not compulsory and same colour team shirts are recommended.
- Players must wear enclosed footwear.
- Sunscreen will be provided and sun protection attire is encouraged.

### FORMAT/RULES

- It is a knockout competition.
- It is self-officiated and non-contact competition, it is trusted that no player will intentionally break the rules.
- Each game consists of 2 x 12 minutes halves with a 1 minute half time break.
- Winners will be the first team to reach a score of fifteen (15).
- Substitution can be made between points (i.e. after a point scored and before their team signals readiness for the pull).
- When half time and full time is announced, the person with the disc completes their throw. If the disc is in the air or about to be pulled, one more throw is allowed.
- In the situation of a draw, the team in possession of the Frisbee will continue with play until the next point has been scored.
- Specific game rules can be referred in [this link](https://rules.wfdf.org/documents/wfdf-rules-of-ultimate-2021-2024/download) <<https://rules.wfdf.org/documents/wfdf-rules-of-ultimate-2021-2024/download>>.

### OFFICIALS & MISCONDUCT

- All teams must score their own games.
- An advisor may be arranged for rules reinforcement.
- Any abuse or misconduct directed at game officials or other players, or on officials' decisions can result in offending players being asked to leave the field.

### WET WEATHER POLICY

- In the case of wet weather resulting in ground closure by the SUSF's Grounds Team, the fixture will be moved to wet weather back up facilities.
- Total number of players allowed on wet weather back up facilities will be subjected to change for safety.