



Sydney Uni
SWIMMING

2021 HOLIDAY SQUAD PROGRAM

Timetable 4 - 23 January

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DEVELOPMENT 60 MINS		4:00-5:00pm		4:00-5:00pm		9:30-10:30am
CHALLENGE 60 MINS		4:00-5:00pm		4:00-5:00pm		10:30-11:30am
SWIMFIT 13+ 60 - 90 MINS		5:00-6:30pm		5:00 -6:30pm		11:30am -12:30pm

Regular timetable resumes Monday 25 January